

## **DISTRICT NUTRITION STANDARDS & PROCEDURES**

The School District of Colby encourages the sale and distribution of nutrient dense foods for all school functions and activities in accordance with the following standards:

### Food:

- ⇒ Any food item for sale prior to the start of the school day and throughout the instructional day will have no more than 30% of its total calories derived from fat.
- ⇒ Encourage the consumption of nutrient dense foods, i.e., whole grains, fresh fruits and vegetables.
- ⇒ No candy sales will be permitted on school grounds during the instructional day.
- ⇒ Nonvending sales of candy will be permitted at the conclusion of the instructional day.
- ⇒ Pandemic issues and allergies dictate that only commercially prepackaged or food service prepared foods may be distributed to classes.

### Students/Employees:

- ⇒ The District will adjust menus and food preparation techniques to accommodate students and employees who experience life-threatening allergic reactions in contacting specific food items.
- ⇒ Generally, children with food allergies or intolerances do not have a disability as defined under either Section 504 of the Rehabilitation Act or Part B of IDEA, and the school food service may, but is not required to, make food substitutions for them.
- ⇒ When in the assessment of a licensed physician, food allergies may result in severe, life-threatening (anaphylactic) reactions, the child's condition would meet the definition of "disability," and the substitutions prescribed by the licensed physician must be made.
- ⇒ The school food service may make food substitutions, at its discretion for individual children who do not have a disability, but who are medically certified as having a special medical or dietary need. Such determinations are only made on a case-by-case basis. This provision addresses those children who have food intolerances or allergies but do not have life-threatening reactions when exposed to the food(s) with which they have problems.
- ⇒ A form entitled "Eating and Feeding Evaluation: Children with Special Needs" is available in the Administrative Procedures book.

### Beverages:

- ⇒ Vending and sales of pop or artificially sweetened drinks will not be permitted to students on school grounds during the school day in accordance with the following:
  - Milk, water and beverages containing 100% fruit juice may be sold on school grounds prior to and throughout the instructional day.

### Hot Lunch/Breakfast Program:

The full meal program will continue to follow the U.S. Government's Nutrition Standards.

Instructional Incentives / Classroom Events:

Teachers and principals will give strong consideration to health food and nonfood items as part of any teacher-to-student incentive programs. No food incentive programs may be scheduled which conflict with lunch periods or without the principal's express consent. Parents are responsible to inform school officials about students' allergies and other health conditions about which school staff need to be concerned.

Fundraising:

All fundraising projects are encouraged to adhere to the content standards prescribed above (see Food and Beverages, supra).

Lunchroom Climate:

The District's schools will establish eating schedules to accommodate nourishment and socialization needs of children (students) – at least 20 minutes for lunch from the time they are seated.

CROSS REFERENCE: Administrative Procedure #342.34